



Pre-surgical Instructions

One Week Prior to Surgery:

- Avoid taking any aspirin or aspirin products, including PLAVIX
 - Make sure your physician was consulted prior to discontinuing these medications.
- Tylenol is an acceptable alternative to Advil or Motrin (Ibuprofen) products. The active ingredient in Tylenol is acetaminophen, which doesn't interfere with the blood's ability to clot normally.
- Medications that are taken under the supervision of your physician may be continued, including Aspirin, if necessary.
- Discontinue smoking for as many days prior to your scheduled surgical time as possible. Smoking will slow the healing process and increases the risk of infection post surgical.

One Day before Surgery:

- Stay well hydrated, drinking lots of fluids the day before surgery.

Morning of Surgery:

- We will provide prescriptions and review the dosage of medication to be taken on the day of surgery with you & your escort.
- Take all of your usual morning doses of medications prescribed by your physician with a small sip of water. **IF YOU TAKE MEDICATION FOR HIGH BLOOD PRESSURE IT IS IMPORTANT THAT YOU TAKE YOUR MEDICATION ON THE DATE OF SURGERY**
- If you are an asthmatic, please bring your inhalers with you to the surgical appointment.
- Wear comfortable clothing.
- Patients that are NOT scheduled for IV-Sedation may eat a light breakfast or light lunch depending on the time of surgery.
- Patients that are scheduled for IV-Sedation must not eat or drink six (6) hours prior to their scheduled surgical time to avoid any possible risk or complications with the anesthesia. Patients must also provide escorts to and from your surgical appointment if sedated.