

Sedation Pre-Op Instructions



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1. Do not eat any food or drink anything for a minimum of 6 hours prior to the procedure. You may drink a small amount of water up until 2 hours prior to the procedure.
2. You may take all of your prescribed medications as instructed by your physician with a small amount of water unless otherwise instructed.
3. There must be a responsible adult (18 years of age or older) to escort the patient home. The escort must come with the patient, remain at the office unless otherwise instructed, and must take the patient home. The responsible adult must remain with the patient and observe the patient for 24 hours following the end of the procedure.
4. Minors (under 18 years of age) must be accompanied by a parent or legal guardian.
5. You should not operate a motor vehicle or heavy machinery within 24 hours of the procedure ending.
6. Wear loose fitting clothing